

4th Edition 2026 - Conference Schedule

Day 1 -

09:15 AM - 09:45 AM

1. Keynote: Stop Waiting for 'Bad Enough': Rethinking Prevention, Precision, and the Timing of Modern Medicine

Dimitris Vichas, Eudai Clinic, United Kingdom

09:45 AM - 10:15 AM

2. Keynote: Are We Defining New Boundaries on Treatments? From Old Dogmas to New Frontiers in Longevity Medicine

Francisco Martinez Peñalver, Chief Medical Officer, Tiara Health, Spain

10:15 AM - 10:45 AM

3. Keynote: The Travel Protocol: How Purposeful Travel Drives Biological Resilience and Intentional Longevity

Silvia Triboni, Founder and CEO, Intergen Solutions, Portugal

10:45 AM - 11:00 AM

4. Break

Refreshment @Foyer

11:00 AM - 11:20 AM

5. Longevity-Driven Hospitality: pioneering the next era of luxury wellness

Luigi Caterino, Co-Founder & CEO, The Longevity Suite, Italy

11:20 AM - 11:40 AM

6. Inefficiency in Longevity: The Philosophical and Practical Application of Information Theory, Bayesian Statistics, and Self-Interest to the Longevity Problem.

Nolan Shafik, Longevity Biotech Fellow, USA

11:40 AM - 12:00 PM

7. The Future of Healthspan Investing: Current Landscape and Emerging Opportunities in the Precision Economy

Ivan Marandola, PRC/IX Capital Fund, United States.

12:00 PM - 12:20 PM

8. Therapeutic Potential of MSC Secretomes Across Distinct Neurodegenerative Pathologies: Evidence from Alzheimer's and Motor Neurone Disease Models

Dr. Robert Mitchell, Micregen Ltd , UK

12:20 PM - 12:40 PM

9. From Fatigue to Fire: A Physician's Blueprint for Male Longevity & Peak Energy

Vytautas Dockus, Longevity Ventures, United Arab Emirates

12:40 PM - 01:30 PM

10. Lunch

@Foyer

01:30 PM - 02:00 PM

11. Keynote: Transforming Longevity Science into Clinical Practice in the Post-Genomic Era

Vania Assaly, Instituto Assaly, Brazil

02:00 PM - 02:30 PM

12. Keynote: The New Clinical Leadership in Longevity Medicine: Strategic Training for Physicians in Personalized Health Journeys

Silvia Merhy Lagrotta, Institute Assaly / Take Care BR Clinic, Brazil

02:30 PM - 03:00 PM

13. Keynote: The role of neurodiversity in older people

Marios Kyriazis, National Gerontology Centre, Cyprus

03:00 PM - 03:30 PM

14. Keynote: Unleashing Superhumanity

Leo Nissola, FIRSTBIO Research, USA

03:30 PM - 04:00 PM

15. Endogenous Bioelectric Modulation as a Paradigm Shift in Longevity Medicine: A Unique Technological Approach

Salvatore Rinaldi, Rinaldi Fontani Institute, Italy

Day 2 -

09:15 AM - 09:45 AM

1. Keynote: Harnessing the Hallmarks of Aging to modulate biological and physiological Aging

Greg Macpherson, Founder at SRW Laboratories, New Zealand

09:45 AM - 10:15 AM

2. Keynote: Epigenetic Reprogramming Without Dedifferentiation: In-Vivo Lineage Conversion and Rejuvenation Across the Lifespan

Ravi Kumar Chaudhary, Government Institute of Medical Sciences, India

10:15 AM - 10:40 AM

3. Keynote: Harnessing State-of-the-art Technologies to Protect Against Alzheimer's Disease and Improve Human Longevity

Anthony Tsarbopoulos, Medical School National & Kapodistrian University of Athens, Greece

10:40 AM - 11:00 AM

4. DEATH PERCEPTION: BIOGERONTOLOCAL PERSPECTIVE

Bhaweshwar Singh, LN Mithila University, India

11:00 AM - 11:20 AM

5. Longevity Is Not Gender Neutral - Reframing Strategies to Align with Women's Physiology and Priorities

Lore Dikovsky, HEBE Longevity, Israel

11:20 AM - 11:40 AM

6. Musculoskeletal health as one pillar of the longevity concept

Zsuzsanna Schmidt, Semmelweis University, Hungary

11:40 AM - 12:00 PM

7. Gut microbiome signatures in centenarians: microbial profiles, metabolites, and pathogen-associated molecular patterns as potential modulators of longevity

Andreea Nitescu, Vexa Health Ltd, UK

12:00 PM - 12:20 PM

8. Beyond Lifespan: Preventive and Holistic Strategies for Healthspan Extension

Silvia Candamil Neira, Vice President- Global Initiative on Ageing & Longevity, UAE

12:20 PM - 12:40 PM

9. The Representational Challenge for Designing and Managing 5P Medicine Ecosystems

Bernd Blobel, University of Regensburg, Germany

01:00 PM - 01:30 PM

10. Keynote: Lysosomal Dysfunction as a Central Driver of Age-Related Decline

Jon Brudvig, Sanford School of Medicine, The University of South Dakota , USA

01:30 PM - 02:00 PM

11. Keynote: Sexual Wellness from the BioPsychoSocial Approach: A New Frontier in Longevity Medicine

Ashley Madsen, LUMARA Collective, Longevity + Biohacking Consultancy, USA

02:00 PM - 02:20 PM

12. Testosterone Augmentation Without Suppression: Clinical Protocols for Optimizing Androgens While Preserving Fertility

Gabriel Alizaidy, Maximus, USA

Day 3 -